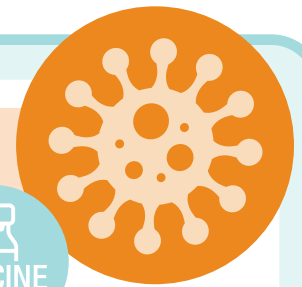


# Benefits of getting vaccinated



The COVID-19 vaccines are safe and effective.

- 1 Doctors and nurses say the vaccine is the safest way to stop the virus.
- 2 The vaccine is an important way to keep you and the people you love safe from COVID-19.
- 3 Getting a vaccine is the fastest way for us to get back to the people and things we love.

To know when you can get a COVID-19 vaccination:



Visit [covidvaccine.oregon.gov](https://covidvaccine.oregon.gov).



Text **ORCOVID** to **898211** available in English and Spanish only.



E-mail [ORCOVID@211info.org](mailto:ORCOVID@211info.org), available in all languages.



Call **211**.

Feeling overwhelmed with all this?



Visit [www.safestrongoregon.org](https://www.safestrongoregon.org) or call the Safe + Strong Helpline at 800-923-4357 (800-923-HELP).